

THE MOORINGS AT LEWES RESIDENTS' ASSOCIATION

ALL RESIDENTS MEETING AGENDA

MONDAY September 16, 2024

CALL TO ORDER: Don Smith

MOMENT OF SILENCE

Please remember to turn off your phone.

OPENING REMARKS: Don Smith

OFFICER & COMMITTEE REPORTS

SECRETARY: Jane Bretnall

CORRESPONDING SECRETARY:

Carol Lader

TREASURER: Tom Reed

COMMUNICATION COMMITTEE:

Tom Reed

ASSISTANT TREASURER: Larry

Myers

EMPLOYEE APPRECIATION

COMMITTEE: Larry Myers

TRUSTEE: Jim McMullen

NOMINATING COMMITTEE: Jim

McMullen

FINANCIAL WORKING GROUP : Jim

McMullen

BYLAWS COMMITTEE: Jane Lord

DEI COMMITTEE: Jane Lord

ACTIVITY COMMITTEE: Peg Partlow

DINING COMMITTEE: Bob Porta

GIFT SHOP: Diane Bair

LIBRARY COMMITTEE: Judy Burgess

PROGRAM COMMITTEE: Franz

Portman

WELLNESS COMMITTEE: Gail

Bourassa

WOODSHOP COMMITTEE: Richard

Thomas

RESIDENT LIFE COMMITTEE: Ed

Steiner

SAFETY COMMITTEE: Ed Steiner

BUILDING AND PROPERTY

COMMITTEE: Gil Kaufman

AREA REPORTS

HEALTH CENTER - Gil Kaufman

WEST WING

1st FLOOR - Peg Partlow

2nd FLOOR - Linda Trzyzewski

EAST WING

1st FLOOR - Mary Lou Poffenberger

2nd FLOOR - Diane Bair

COTTAGES

1-24 - Carol Lader

25-48 - Carol Bishop

OPEN FORUM: Questions From The Floor

ADJOURNMENT

Opening Remarks

There has been a problem with a lot of emails sent to the membership ending up in SPAM.

- Make it a habit to check spam and junk folders daily.
- Jim McMullen will check with the network provider for a possible solution.
- It is possible to make email senders safe so they do not go to SPAM

When replying to a TMAIRA email, please do not hit reply all.

- Creates chaos and email responses from residents not involved with an issue.
- Reply just to the sender with complaints or comments.

Creighton, Director of Dining Services has indicated:

- There has been an increase in Comment Card. Thank you and keep them coming
- Remember to date the comment cards so issues can be addressed.
- Looking for suggestions from residents on how to improve the Sunday buffets. Many comments say the buffets are boring.

Bud, Director of Facilities wants mentioned:

- Reminder: all work orders should be sent to Andy.
- If a work order is not completed in a reasonable time, notify Jason and Bud.
- If a work order is still not completed after notifying Jason and Bud, notify Annette.

Annette, Executive Director/Administrator wants resident to know:

- Parking Lot not done striping.
- You will be receiving notices about moving your cars. Please try to cooperate.

Chess Tournament

- An inter-LPC chess tournament is being organized.
- If you are interested in participating, advise Don. Your name will be passed along to the organizers at Monroe Village in New Jersey.

Political Signs

- It is important to maintain community harmony during this political climate.
- Residents are encouraged not to flaunt individual political messages.
- Such as political window signs, bumper stickers, clothing with slogans, flags, etc.

Secretary's Report

June All Resident Meeting Minutes and July and September Board Meeting Minutes were posted in the mailroom and on the website. Email corrections or put in my cubby C3.

Jane Bretnall

Corresponding Secretary's Report

For the months of June, July and August there were 57 cards distributed

- 44 Birthday cards
- 9 Get Well cards
- 4 Condolence cards

Carol Lader

Reminder: If you cannot deliver a card personally to a resident in Skilled Nursing or Safe Harbor, take it to the Concierge at the front desk and it will be delivered.

Treasurer's Report

The August Treasurer's report has been uploaded to the TMALRA website.

- In addition, the gift shop, the expenses in August included about \$380 for printing the newsletter, \$100 to Fineline to fix some web problems, \$150 for the chorus – vests for Music Man and Christmas music, \$17 to copy the activities letter which went to all of us, and \$10 for DVDs for the program committee.
- At the end of the month, our operating balance was about \$29,300 and we still have \$2,250 for this year's Employee Appreciation campaign.

Tom Reed

Communication Committee Report

There is some confusion about the Directories that Residents receive:

- Every 3 months The Moorings produces a non-pictorial black and white directory. Any misinformation should be addressed with Resident Services.
- TMALRA's Full Color Pictorial Directory is published twice a year by the Communications Committee. Any corrections should be given to Jim McMullen.

The Newsletter Committee

- Schedule for the next Newsletter: Articles due October 27th, then goes to Layout, Proofreading October 30th, to Printer November 1st.
- Would like individuals to send committee snippets of stories of their best and worst holidays. The committee will attempt to put them together.

Jim McMullen for Tom Reed

Assistant Treasurer's Report

No Report. Larry Myers

Employee Appreciation Committee Report

- Living at The Moorings has many positive features, not the least of which is the wonderful staff that serve us daily in so many ways. Some 140 hard-working, dedicated employees in healthcare, housekeeping, maintenance, security, dining service, etc. make our lives easier, safer, and more comfortable.
- So, how do we thank them? As with most other senior living communities, it has been a tradition of The Moorings at Lewes Residents Association to show our appreciation by soliciting donations from residents that are then provided to staff at the end of the year. Funds are awarded to hourly-paid employees only, based solely on the number of hours worked during the calendar year under consideration. All employees receive the same amount for each hour worked.
- The kickoff of our 2024 Employee Appreciation Campaign will be Tuesday, October 1st. A letter describing the campaign and requesting your *voluntary* donation will be placed in all IL and AL mailboxes (cubbies).
- The deadline for submitting your donation will be Friday, November 27th.
- This year, we have agreed to let Springpoint handle the gift processing so that it is compliant with current tax law. As an added benefit, your gift to the employee appreciation program is tax-deductible.

- On Friday, December 13th, from 1:00 to 3:00 pm in the Bistro, the Employee Appreciation committee will inform employees of their awards. Please join us then as we recognize, celebrate, and say Thank You to the staff of The Moorings.
- Please let me know if you have any questions.

Larry Myers

Why the Changes? To be compliant with tax regulations and consistent with Springpoint's system.

Note: Residents will receive donation receipts for tax purposes.

Springpoint Board Trustee Report

No Report. Jim McMullen

Nominating Committee Report

No Report until November. Jim McMullen

Financial Working Group Report

No Report. Jim McMullen

Bylaws Committee Report

The Bylaws Committee has submitted a recommendation to the Board that would establish the Financial Working Group as a permanent TMALRA committee, to be renamed the Financial Advisory Committee. A motion to approve the recommended addition to the bylaws was tabled at the September Board meeting. We expect the motion to be discussed and acted upon at the October meeting.

Jane Lord

Diversity, Equity and Inclusion Committee Report

- Resident representatives from four Springpoint communities met with VP Maureen Cafferty on June 24, via zoom.
- Maureen gave us an update on Springpoint's strategies for fostering diversity, equity, and inclusion, including their Refugee/Foreign Labor Initiative (international recruitment of nurses) and Health Equity Program in their affordable housing communities. Springpoint has received a "Leaders in Equity and Diversity Award," based on their work in Affordable Housing Communities.
- Springpoint's annual education program for employees focuses on "ageism" this year. Ageism will also be included in training for new hires.
- If you would like to know more about these initiatives or participate in discussions, please let me know. Give me a call, email, or put a message in my cubby #43.

Jane Lord

Activity Committee Report

August 13, 2024, Meeting

Calendars were set for:

- September: Men's Lunch, Ladies Lunch, Cape May Ferry for 14 with lunch at Congress Hall (Blue Pig Tavern) (Cadbury Cruisers), Dinner out for all, Happy Hour Wine Tasting, Mid-Atlantic Symphony, 90's Club.
- October: Possum Point Playhouse, Men's Lunch, Ladies Lunch, Clear Space Theatre, WBOC-TV (Cadbury Cruisers), Dinner out for all, Mid-Atlantic Symphony ensemble.
- November: Cape Water Taxi cruise to Milton on the Broadkill River (Cadbury Cruisers), Men's Lunch, Ladies Lunch, Dinner out for all.
- December: (tentative) Clear Space, Mid-Atlantic Symphony Holiday Concert, Possum Point Players, Lunch for all at Baywood

Discussion:

- Rescheduled Canal Cruise with two buses for transportation 9/21...last count 35. Vouchers were given for the cancelled cruise. They can be used for this cruise or at another time. Cruise is \$20 for those without a voucher.
- Wine Tasting on 9/27, Christmas Dinner 12/19.
- Sign-up rules: begin first of the month UNLESS activity occurs at the beginning of the month which will open up sign ups 2 weeks prior to date of event.

Next Meeting Tuesday, September 24th – All Hands-on Deck. Wine Tasting preparation only.

Dates to Remember:

- Wine Tasting, September 27, 2024 at 3:30. Entertainment – Notes on the Beach
- Sign up for "Something Rotten at Possum Point Playhouse will begin September 23. \$35. check payable to Peg Partlow. 10 Seats available.

Peg Partlow

Dining Committee Reports

No Report. Bob Porta

Buy The Sea Gift Shop Report

July 2024:

Income

Cash Deposited \$537.00

BINGO to Kristie \$ 57.50

Charges to Kristie \$222.25

Total \$491.60

Expenses \$ 72.30

Profit \$419.30

Diane Bair

August 2024:

Income \$326.75

Expenses \$ 81.98

Profit \$244.77

Note: The Gift Shop is in the West Wing just passed the elevators. It is open 11-3 Tuesday – Friday. Sells donated items and sweet treats. Helps residents downsize and fund TMALRA.

Library Committee Report

The Library bookshelf for the DVDs is a work in progress. As planned it will hold almost twice as many DVDs as the old bookcase. Dean Hoover has been able to use the boards in the old case to construct much of the new case. Many thanks from all of us to Dean.

September is the month for the History Book Festival. Friday night's Keynote address is sold out. But the nineteen presentations on Saturday, September 28, are all available, first come, first served, and are all free. These are located in the Lewes Library, the Rollins Community Center and the Elementary School on Savannah Road. The author of one of the books, a finalist in the History Book Festival committee's selections, usually presents a brief description of his/her work, interviewed by a local resident. There is always plenty of opportunity to respond to audience questions. Their books are available for sale. I have copies of the Saturday schedule available for you. Please try to attend at least one session. This whole History Book Festival does Lewes proud.

Judy Burgess

Program Committee Report

- Friday Night Movie showing time is back to 7:00 pm starting time, as of September 7th
- The attendance the past few weeks did not increase with a 6:00 pm time except for the Oppenheimer movie on August 1 & 2 when the attendance was 31 on both nights.
- Ideas, recommendations for movies or programs are always welcome and the distinguished Committee members will do the research and consider your requests.
- The Program for October 15 will be presented by Vicki and Bill Littell, and take us on an Africa Safari on the movie screen!

Franz Portman

Wellness Committee Reports

Topics discussed at 9/3/24 Meeting:

- Welcome to a new member, Paula Luddy. She is a retired RN and is looking forward to being an active participant in the Wellness Committee.
- Discussion included suggestions for information to be offered to the Moorings residents, including: Transient Global Amnesia (TGA); Skin Care; Proper Body Mechanics; Eye Diseases, especially Macular Degeneration, and how to deal with them; Maintaining Strength and Balance; Hearing Impairments, and how to effectively speak with someone with this issue; Proper use of mobility appliances; Means of remaining active with Arthritis; Parkinson's Disease, what to expect and how to maintain function; Various means of Maintaining Cognitive Ability (Movement, Social Contact, Word and Number Games, Proper Diet, etc.); Criteria for "Pulling the Cord" and what happens afterward; Proper Disposition of Medications; Alzheimer's Disease and how to deal with an individual with this issue; Dementia vs Alzheimer's difference between the two; Arising from a Fall without injury; Non-surgical means of dealing with loss of Shoulder Range of Motion; Visual Defects affecting focal length issues, ex. locating things on the lower shelves the grocery store; Senior Services offered locally; Non-medical Transportation; Care for the Caregiver.

- There is a book titled “The Unbreakable Brain.” I have just received my copy and will be addressing what I have learned in future meetings.
- Paula Luddy discussed the fire alarm going off and, being a new resident, she was unaware of what to do. This discussion led to a request that information regarding emergencies be placed in the front of the New Resident Information.
- Regarding Senior Services in the area, the suggestion is that the Senior Center in Lewes be contacted for that information. Other resources would be the Lewes Library.
- Hospice has classes on Care for the Caregiver. They will be contacted in order that we may determine if they would be willing to offer a talk on that topic here at The Moorings.
- Paula Luddy has offered to contact an Esthetician to determine if she/he would be willing to give a talk on that topic here at The Moorings.
- There was a request for a weekly Masseuse at The Moorings. For many reasons, it was determined that individuals desiring a massage needed to deal with that on their own.
- Regarding non-medical transportation, I have a list of services that one may use. I will provide the list to anyone requesting it.
- Regarding what happens when someone is transported to the hospital in case of an emergency, transportation is provided by the Lewes Fire Department. If you have signed up for the yearly ambulance service, the transportation is paid for. If not, you will be billed by the Fire Department. The cost is approximately \$600.00 per trip. The ambulance will not provide transportation back to The Moorings. You are responsible for your own transportation. There is a question as to whether Beebe Hospital has an arrangement with Uber. This is to be determined.
- There is to be a discussion with Creighton Spencer regarding various dietary issues.

Gail Bourassa

Note: There will be a program on Dementia and Alzheimer's at the end of October.

Woodshop Report

- Library shelving is being reworked to hold DVD's thanks to Dean Hoover and Bill Littel.
- Richard is finishing his 2nd twisted wine goblet.
- Any resident who needs help fixing something made of wood can contact Richard.

Richard Thomas

Resident Life Committee Report

No Repot. Ed Steiner

Safety Committee Report

No Report. Ed Steiner

Building and Property Committee Report

The Buildings & Property Committee met on August 20, 2024, and discussed 10 issues. Four of most interest to IL residents were:

- Irrigation issues – The irrigation system is now in full operation. If you observe problems in your area, please contact Bud Hirschmann

- Power washing of Buildings and window washing – Both activities were completed with only positive response from residents
- Drainage problems – Progress has been made on the standing water problems by Cottages 19-23 and 28, but the work in front of the West Wing has not yet been completed. A new French drain is planned for that area in this quarter.
- Concrete leveling - Bud is working with a company who specializes in mud jacking that can address several concrete leveling issues around the campus. We are waiting for their bid to do that job.

Committee Membership: Adele Trout has retired from the B&PC, and management is looking for a new representative from the apartments. Art Ricker has joined the Committee replacing Rich Wooley who had resigned earlier.

The next meeting will be on Tuesday, November 19th at 11:00 AM.

Gil Kaufman

Area Representatives Report

First Floor East – Move-In: Ron & Joan Sabbato 128, Pat Vissering 139. Expected Move-In: 9/20 Marian Hetrick 123. Mary Lou Poffenberger

First Floor West – Application Pending: 110. Peg Partlow

Second Floor East – Move-In: June Stein 234, Paula Luddy 238. Diane Bair

Second Floor West – Expected Move-in: 9/30 Terry & Gayle August 201. Application in Process: 214, 221. Linda Trzyewski

Cottages 1-24 Expected Move-in: 9/30 Ed Mather & Bob Kriesat #7, 10/16 Hugh & Kathleen Leahy #19. Carol Lader

Cottages 25-48 No change. Carol Bishop

Health Care Census: 9/16/2024

<u>Area</u>	<u>Space</u>	<u>Occupied</u>	<u>Census</u>	<u>Status Change</u>
Assisted Living	30	29	97%	Increase of 2
Safe Harbor	15	15	100%	Increase of 2
Skilled Nursing	40	33	83%	Increase of 2

Recent Changes: Since June

Florence Nahigian Decreased from SN
 Jeane Kehrer AL to SH
 Carol Wilkinson SN to SH
 Pat Cummings IL to AL

Rosemary Letenoff Deceased from SN
 Harry Cross AL to SH
 Kathy Holstrum IL to AL
 Marianne Jarvis IL to AL

Open Forum

Special Thanks: Linda Trzyewski for the great displays in the cabinet in the lobby.

58 Residents attended the meeting.

Jane Bretnall, Secretary